



PRIVATE COACHING RATES

One on One/Pairs

One on one coaching is the ultimate in private coaching. It is designed specifically to identify and work on your individual needs with a focus on both technical and mental development. One on one coaching is suitable for all age groups. Pairs coaching is a great option to access and enjoy the benefits of private coaching with a sibling, close friend or teammate.

Level 1 Coaching

30 Minutes	\$45
60 Minutes	\$80
90 Minutes	\$125

Level 3 Advanced Coaching

30 Minutes	\$60
60 Minutes	\$110
90 Minutes	\$170

5 Session Package Discount

5 x Advanced Coaching 60 Minutes	\$499
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10 Session Package Discount

10 x Advanced Coaching 60 Minutes	\$949
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Small Group (3+) (75-minute duration)

Small group coaching is a great way to enjoy the benefits of private coaching with a few close friends or teammates. Small group coaching is also often utilised by clubs to provide more intensive coaching for targeted players.

1 coach per 75-minute session	\$135
2 coaches per hour session	\$170
+ \$55 per hour for each additional coach	

**For maximum coaching benefit for participants in a small group environment, we recommend a coach/player ratio of 1:3*

From 21 March 2024