

## **PRIVATE COACHING**

### **Rates and Packages available**

#### **One on One/Pairs** (1 hour duration)

One on one coaching is the ultimate in private coaching. It is designed specifically to identify and work on your individual needs with a focus on both technical and mental development. One on one coaching is suitable for all age groups. Pairs coaching is a great option to access and enjoy the benefits of private coaching with a sibling, close friend or teammate.

Advanced Coaching	(Mark or Tawanda)	<b>\$95</b>
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#### **Small Group (3+)** (75 minute duration)

Small group coaching is a great way to enjoy the benefits of private coaching with a few close friends or teammates. Small group coaching is also often utilised by clubs to provide more intensive coaching for targeted players.

1 coach per 75 minute session	<b>\$125</b>
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2 coaches per hour session	<b>\$170</b>
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+ \$55 per hour for each additional coach

*\*For maximum coaching benefit for participants in a small group environment, we recommend a coach/player ratio of 1:3*

#### **\*\*5 Session Package Discount\*\***

Advanced Coaching	(Mark or Tawanda)	<b>\$440</b>
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#### **\*\*10 Session Package Discount\*\***

Advanced Coaching	(Mark or Tawanda)	<b>\$850</b>
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